

BUDHA DAL PUBLIC SCHOOL , SAMANA

LESSON PLAN

Subject : Psychology TERM - 1

CLASS - XI

Ch - 1 What is psychology?

Meaning of psychology , Psychology as discipline, psychology and mind, Evolution of psychology, Branches of psychology, Themes in Psychology, Discipline related with psychology, Psychology in Everyday life.

Ch - 2 Methods of Enquiry in Psychology

Goals of Psychological enquiry, steps used in conducting scientific enquiry, Methods of data collection : Observation, Experimental method, survey, correlation, case study method. Limitation in psychological enquiry. Ethics in psychological enquiry.

Ch - 3 Bases of Human Behaviour

Evolution of Brain, Neuron : structure and functions synapses, Nervous system : structure and function, Endocrine system, socialization, Enculturation, Acculturation.

Ch - 4 Development

Meaning of development, life span perspective, effects on development : Heredity and Environment. Developmental stages : Prenatal stage, Infancy stage, childhood, Adolescent, Adulthood and old age.

Ch - 5 Sensory, Auditory and perceptual perspectives.

Meaning of sensation and sensory modalities, : Attention : Properties and types of attention. Perception : Meaning , approaches, Figure and ground concept, principles of perceptual organisations.

TOPIC : What is Psychology?

Technology used - Zoom Meeting, google, Edupuzzle will be used as software tools.

P.K. testing	1. Have you ever heard about Psychology? 2. Which science is used to study human behaviour?
Learning Objectives	Lesson will help the students to understand the meaning of Psychology, mind, various branches of psychology.
Curriculum Addressed	This lesson would give knowledge about the concepts such as - meaning of psychology as a science, Psychology as a discipline, understanding mind. Students would also be taught about Evolution of psychology, various branches of psychology and psychology in everyday life.
Other Resources	Case studies, NCERT reference book and assignments will be used as other resources.
Student Engagement	Students will engage in the class activity. They would understand the concept properly and make an art-integrated activity related to the concept.
Art- Integration /Sub-Enrichment	Students would make a flow chart of the branches of psychology in a creative manner.
Teaching Strategies	A group discussion will be arranged to make the topic more interesting.
Evaluation	Evaluation will be done on the basis of class tests and assignments.
Recapitulation	Recapitulation would be taken by asking one-word questions and MCQs from the students.
Teacher self assessment	The lesson includes the active participation of the students. They gave good response in the class. The strength of the lesson plan is latest technology.

TOPIC : Methods of Enquiry in Psychology

Technology used - Zoom Meeting, Kahoot, Edupuzzle, Google will be used as software tool.
Soft board and black board will be used as hardware.

P.K. testing	1. What do you mean by scientific enquiry? 2. How can we conduct an experiment? 3. What is observation?
Learning Objectives	This chapter enable the students to learn about the applied side of psychology, to learn about data collection and its various methods.
Curriculum Addressed	This topic would taught about the goals of psychological enquiry, steps used in Psychological enquiry, Data and its types, Methods of data collection - observation, experimental method, correlational method, survey method, Psychological testing, case study method. Limitations and ethics of psychological enquiry will also taught to students.
Other Resources	NCERT text book Assignments, case based questions will be used as resource.
Student Engagement	Students will do art - integrated work related with this topic. They would ask for thier doubts , questions with related topic.
Art- Integration /Sub-Enrichment	Students would make a drawing representing steps used in conducting scientific enquiry.
Teaching Strategies	Flow chart, PPT related with the topic will be shown to students to make the topic more interesting.
Evaluation	Evaluation will be done on the basis of assignments made by students and class tests.
Recapitulation	Recapitulation would be taken from the students by asking MCQs and one word questions.
Teacher self assessment	Student's feedback in recapitulation would be used as self-assessment. Students would understand the concept well with latest technology.

TOPIC : Bases of Human Behaviour

Technology used - Zoom Meeting, google form, Kahoot will be used as software tool. Power point presentation, flow charts will be used as hardware tool.

P.K. testing	<ol style="list-style-type: none">1. What is the brain?2. How the message conveys from one organ to another?3. Which gland is known as "master gland"?
Learning Objectives	Topic enables the students to understand the physiological system of their own body. They would come to know how someone can develop disease due to hormone imbalance in body.
Curriculum Addressed	This chapter includes Evolution of brain, structure and functions of neurons, process of synapses. Nervous System : Structure and function, endocrine system, Heredity, culture : Accultuation, Enculturation, the process of socialization will also be discussed with the students.
Other Resources	PDFs, flow charts , Assignments, NCERT reference will be used as resource.
Student Engagement	Students would make art-integrated project related with topic. Students would ask for their doubts, questions related with the topic.
Art- Integration /Sub-Enrichment	Students would draw the diagram of Neuron and would make representation of glands in human body.
Teaching Strategies	Group discussion and health interactions between teacher and students will be arranged to make the topic more interesting.
Evaluation	Evaluation will be done on the basis of class tests and assignments submitted by students.
Recapitulation	Recapitulation would be taken from students on the basis of MCQs and one word questions.
Teacher self assessment	Explanation by teacher would lead to the better understanding of the topic. Strength of the lesson plan will be latest technology used by teacher.

TOPIC : Development

Technology used - Zoom Meeting, Power point presentation, Edupuzzle used as software tool and black board, flow charts will be used as hardware.

P.K. testing	<ol style="list-style-type: none">1. Differentiate between development and maturation?2. What are movement present in new born baby?3. What challenges person face during adolescent?
Learning Objectives	This topic enables students to understand about development stages, helps students to know about their own life processes at different ages.
Curriculum Addressed	Chapter include meaning of development, life span perspective of development, factors affecting development, various developmental stages : Prenatal stages Infancy stage, Adolescent stage, Adulthood and old age. All these concepts will be discussed with the students.
Other Resources	Assignments, NCERT reference book, tables, flow chart will be needed to carry out lesson objectives.
Student Engagement	Students will understand the chapter and will make art-integrated activity related to the topic. They will ask for their questions and doubts.
Art- Integration /Sub-Enrichment	Students would make flow chart representing changes that occur at different - different developmental stages.
Teaching Strategies	Group discussions and student teacher interactions will be used to make chapter more interesting.
Evaluation	Evaluation will be done on the basis of class tests and assignments.
Recapitulation	Recapitulation will be done on the basis of one word questions and MCQs asked by students.
Teacher self assessment	Students will understand the chapter well with the help of teacher's explanation. Teacher will support the chapter with the use of latest technology.

TOPIC : Sensory, Attentional and Perceptual processes.

Technology used - Zoom Meeting, Google form, Kahoot will be used as software tool, and text book, black board will be used a hardward tool.

P.K. testing	<ol style="list-style-type: none">1. What is sensation?2. Is alterness and attention is the same thing?3. How we perceive things?
Learning Objectives	Topic will help students to know about sensation, functions of sense organs, to understand about attention and perception.
Curriculum Addressed	This chapter would taught students about sensation : sense organs and their modalities , Attention : Properties and types of attention, perception : - Meaning, approaches, figure and ground concept and various principles of perception.
Other Resources	Assignments, PPTs, PDFs, flow charts will be needed to carry out lesson objectives.
Student Engagement	Students would make art-integrated activity and ask for their doubts or questions.
Art- Integration /Sub-Enrichment	Students would make the diagram of Eye and Ear on their notebook.
Teaching Strategies	Situation based questions and case studies will be used to make chapter more interesting.
Evaluation	Evaluation will be done on the basis of class tests and assignments.
Recapitulation	Recapitulation would be taken by asking one word questions and MCQs from the students.
Teacher self assessment	Lesson plan includes the active participation of the students. Teacher would explain the concept well. Strength of the lesson plan is latest technology.